



*Amanda
Maloney*

Author, Mindset Coach,
Workshop Facilitator

Amanda is the founder of Abundant Transformations LLC. She works with individuals, groups and organizations to release limiting patterns, step into authenticity, and consciously create their personal & professional goals through the **Magnetic Mind Method** & **Superconscious Recode** process.

SIGNATURE TOPICS

- ✓ Seasonal/Quarterly Focus
- ✓ Money Mindset Mastery
- ✓ Step into Your Power
- ✓ Harmony in Relationships
- ✓ Health & Vitality
- ✓ Create a Life You Love

**Book Amanda for
Your Next Event**

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🌐 [www.AbundantTransformationsLLC.com/
employee-team-wellness](http://www.AbundantTransformationsLLC.com/employee-team-wellness)



How will you grow?
Abundant Transformations LLC



TEAM WELLNESS PACKAGES

PACKAGE A - VIRTUAL

\$299 - \$499

1 HOUR SESSION

Includes Worksheets & Recording

- One Workshop Topic
- Mindset Shifting Lesson
- Guided Visualization
- Private Writing Exercise
- Superconscious Recode
- Plan of Action

PACKAGE B - VIRTUAL

\$199 - \$399 PER QUARTER

4-PART SERIES

QUARTERLY/SEASONAL FOCUS

(PERSONAL & PROFESSIONAL GOALS)

1 HOUR EACH SESSION

Includes Worksheets & Recordings

ADD-ONS

Available upon request

PACKAGE C - VIRTUAL

\$199 - \$399 PER MONTH

12 MONTH SERIES*

1 HOUR SESSIONS

Includes Worksheets & Recordings

*Monthly Series Topics Attached

INSPIRED VOICES

"Amanda Maloney's fresh perspective on mindset and empowerment is both motivational and practical."

Miesha Green

"Maloney offers practical tools and actionable exercises to shift your mindset, unlocking resilience, creativity and confidence."

Douglas French



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MONTHLY WORKSHOP TOPICS

JANUARY

Winter Motivation/Q1 Focus

FEBRUARY

Harmony in Relationships

MARCH

Money Mindset Mastery

APRIL

Spring Renewal/Q2 Focus

MAY

Health & Vitality

JUNE

Step into Your Power

JULY

Summer Balance/Q3 Focus

AUGUST

Create a Life You Love

SEPTEMBER

Aligning Purpose & Performance

OCTOBER

Fall Reset/Q4 Focus

NOVEMBER

Thriving Through the Holidays

DECEMBER

New Year Vision & Goals

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